

HIDDEN NATURE: The Startling Insights of Viktor Schauberger by Alick Bartholomew

Floris Books, Edinburgh, UK, 2003 ISBN 0-86315-432-8 (288pp tpb) Availability: Order online via website http://www.Schauberger-books.org.uk

The discoveries of Austrian naturalist Viktor Schauberger (1885–1958) continue to inspire those who seek to understand the creative processes of Nature. And while Olof Alexandersson's *Living Water* (1982) and Callum Coats's *Living Energies* (1996) (see review, 3/03) have served as the only English-language studies of Schauberger's works to date (apart from Coats's four-volume *Eco-technology* series of edited translations), there's still room for an "introduction" to Schauberger's insights and inventions that's accessible to the general reader.

Alick Bartholomew, who's been studying the naturalist's work for over 20 years, provides a fitting first glimpse with Hidden *Nature*. It is his hope that a new generation of scientists, ecologists, inventors and interested people will turn on to these scientific insights and explore technological innovations that operate in harmony with Nature. Schauberger predicted that our modern-day destruction of the creative energies of Nature would be the end of us-and if he were alive today he'd be speaking out against the arrogance and misguided science utilised in genetic engineering of food crops and animals with little appreciation for the holistic view of Nature and its workings.

This summary of Schauberger's vision

looks at subtle energies, polarities, energy production, climate, electricity, water, trees, soil fertility and organic cultivation. It also zeroes in on his research into motion and implosion, based on his observations of the vortex created by trout swimming upstream. If you've had enough of the mechanistic, materialistic worldview and are looking for an alternative approach that's based on a real appreciation of Nature's workings, this is the book for you. *The Schauberger Keys*, a booklet highlighting these insights, is also available from the author.

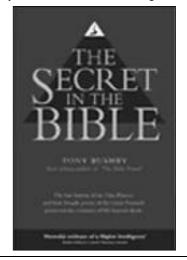
THE SECRET IN THE BIBLE by Tony Bushby

Stanford Publishing Group and Joshua Books, Australia, 2003 ISBN 0-9581891-4-5 (348pp tpb) Availability: Joshua Books, PO Box 5149, Maroochydore BC, Qld 4558, Australia, tel +61 7 5444 1971, website http://www.joshuabooks.com

Tony Bushby's second book, *The Secret in the Bible*, expands on the territory covered in *The Bible Fraud* (see NEXUS 8/06). It goes deeply into the sacred science that has been passed down through cultures as diverse as the Egyptian, Chaldean, Greek, Druidic, Hebrew and even Australian Aboriginal and New Zealand Maori, and has found its way into the mystery schools including the Knights Templar, Freemasons, Rosicrucians and other occult orders.

Bushby's main focus is on the Egyptian mysteries as coded into the Giza plateau, in the Book of the Dead and Book of Thoth, in the Tarot and the divinely given script of the Torah (the first five books of the Old Testament). The sacred knowledge could be revealed only to initiates trained to receive the awesome energy that comes when the transcendental key is unlocked (Jesus apparently was one such initiate).

Regarding the Giza plateau, Bushby gives insights into the revered black pyramidal Benben stone believed to have fallen from heaven, the sacred rites held within the Great Pyramid and the existence of other pyramids at Giza-including a Black Pyramid. According to Masonic texts, it was demolished in 1759 by a Scottish faction supported by English Freemasons, motivated by the possible discovery of treasure. Archival illustrations, maps and satellite photographs add weight to the evidence. The discussion of how the symbolic script of the Torah came about is fascinating, for it is based on the vertical spiral of light-the Rainbow Serpent-first seen in the original Benben stone and revealed through a "magic" 22 rotations. Bushby uncovers many more secrets in this stunning book.



THE SERPENT RISING by Mary Garden

Sid Harta Publishers, Australia, 2003 (revised edition; first published 1988) ISBN 1-877059-50-1 (250pp tpb) Availability: Website http://www.users. bigpond.com/marygarden/index.htm

This is the captivating story of a young New Zealand woman who, in 1973, threw away a promising academic career to pursue a spiritual quest in India. For this revised edition of her 1988 book, *The Serpent Rising*, Mary Garden has rewritten the narrative in the first person and included additional perspective in hindsight, though more is available on her website and perhaps a follow-up book is warranted.

While her quest extended over seven years, only a few of the early years are covered in any detail. Her intended first destination was a Hindu yoga ashram in the Himalayan foothills near Rishikesh, but instead she sidetracked to the Sai Baba enclave, where she spent countless hours waiting for the "avatar" to appear at darshan. Rejection and illness (as well as rumours of the guru's predilection for male disciples) soon gave her the impetus to continue her journey to the intended foothills but, instead, she found herself in the clutches of one Swami Balyogi Premvarni ("Swamiji"), who had not long before founded the International Yoganta Foundation. What followed was a path that waivered between joy and fear, bliss and denial, freedom and slavery.

This journey into deep spirituality and devotion is soured by all-too-worldly jealousy, anger and betrayal as Mary and other women at the ashram contend with the changing faces presented by their beloved, omniscient, "celibate" guru. Was it all just a cosmic game and karma being played out, or was it a cosmic con perpetrated by a dangerous mind/energy manipulator? Having come through it all, Mary tends towards the latter. Spending time at Buddhist Vipassana retreats and with the Rajneeshis on a later visit to India, she returned to Swamiji's ashram to take charge of her life at last.

Her story is a cautionary tale for spiritual seekers even today, lest they suspend their mental faculties and lose their own power.

DISCOVERY OF ATLANTIS: The Startling Case for the Island of Cyprus by Robert Sarmast

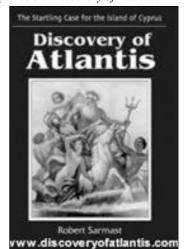
Origin Press, CA, USA, 2004 ISBN 1-57983-012-9 (195pp tpb) Availability: Order online via websites http://www.originpress.com and http://www.discoveryofatlantis.com

Theories for the location of the lost city and island of Atlantis have captured the public imagination and drawn the attention of scholars for millennia, but this hypothesis from Los Angeles-based independent researcher and mythologist Robert Sarmast may be the most plausible yet offered.

Rejecting the Atlantic Ocean theories and taking Plato's nearly 50 clues literally, he went in search of Atlantis in the Eastern Mediterranean Sea. It wasn't until he found bathymetric data that was yet to be included in the NOAA database that he knew he was onto something. The seabed mapping was not detailed enough, so he commissioned specialists to convert it into a 3D computer model of the subterranean topography that allowed interactive manipulations.

Images were produced that showed the region with progressively shrinking water levels—an exercise based on the fact that at

times throughout history the Mediterranean was a deep basin cut off from the Atlantic Ocean. Legends of the Great Flood may well refer to a time when the Gibraltar landbridge was breached and the ocean waters rushed in to submerge low-lying areas. When the Mediterranean was "drained" to a depth of 1,650 metres (more than one mile), a landmass adjoining the island of Cyprus to the southeast and linking up with Syria clearly emerged. Also revealed was a long rectangular plain and an acropolis-type feature about seven miles from the old coastline, just as Plato had described, that may have been the site of the lost city of Atlantis. The evidence for this extension of Cyprus being the island lost in a cataclysmic flood and earthquake is compelling; indeed, it may have happened c. 10,000-9,500 BC. Sarmast calls for further research to be conducted to confirm the history-shattering hypothesis of Discovery of Atlantis.





PUSHING GRAVITY

edited by Matthew R. Edwards Apeiron/C. Roy Keys, Montreal, 2002 ISBN 0-9683689-7-2 (320pp tpb) Availability: Order online via website http://redshift.vif.com

A the beginning of the 21st century, mainstream scientists still can't say for certain what causes gravity or exactly what it is, and are still chasing Einstein's elusive "unified field theory", though many mavericks arguably hold the missing links.

In the mid-1700s, Swiss scientist Georges-Louis Le Sage (1724–1803) proposed a mechanical theory of gravitation, drawing on a 1690 paper by Swiss mathematician Nicolas Fatio. To simplify Le Sage's ideas, gravity arises from the absorption by material bodies of minute particles or waves filling space, which causes bodies to be "pushed into each other's shadows"—thus the term "pushing gravity". Kelvin tried to modernise the theory in the late 1800s, while Euler, Maxwell and Poincaré were critics.

Over the last half-century there's been a rising interest in Le Sage's theory, and Matt Edwards's *Pushing Gravity* does much justice to it (Edwards is with the Gerstein Science Information Centre at Toronto University). His compilation of 23 papers (two of his own) covers: the history of the theory; the modern wave of Le Sage-type theories (including from Tom Van Flandern, who suggests an absence of gravitational arberration due to gravitons having superluminal velocities—impossible according to relativity); and other models that take Le Sage's theory further, such as Adamut's electrothermodynamic theory of gravitation.

Contributors include Arp, Kierein, Radzievskii and Kagalnikova, Jaakkola, Veselov; authors examining the gravitation hypothesis of Italian physicist Quirino Majorana; and Martin Kokus on alternative theories of gravity and geology in earthquake prediction. This issue's Science News has abstracts of two papers on alternative gravitation theories that wouldn't be out of place in Edwards's welcome compilation.

WHAT REALLY CAUSES SCHIZOPHRENIA by Harold D. Foster

Trafford Publishing, Victoria, BC, 2003 ISBN 1-41201531-6 (258pp tpb) Availability: Trafford Publishing, website http://www.trafford.com; author's website, http://www.hdfoster.com

The incidence of mental illness including schizophrenia has increased at least sevenfold since 1750, especially in the industrialised world. Harold D. Foster, PhD, suggests this "epidemic of insanity" may be a strong argument that the triggers which increase the negative impacts of genetic aberrations linked to this mental illness have become more common. He believes psychiatry has got the biochemistry wrong: drug treatment is largely based on the false premise that schizophrenics have an excess of dopamine, when in fact they produce too much adrenochrome-a metabolite of adrenaline as well as an hallucinogen, a freeradical generator and a neurotoxin that undermines at least three major biochemical systems and damages the thyroid.

Dr Foster has researched the aetiology of schizophrenia and concludes that if the adrenochrome hypothesis is correct, the "ideal" treatment should involve eight steps, designed to reduce the production of adrenaline and slow down its metabolism to adrenochrome and other toxic indoles. It should also address the triggers to adrenochrome overproduction, including stress and the "flight or fight" response system, excess sugar consumption and substances that may cause allergic reactions.

He says there appear to be four genetic aberrations that either encourage the formation of adrenochrome or make those who carry one of these to be more prone to this destructive substance. An advocate of orthomolecular medicine, Dr Foster suggests the best treatments for schizophrenia are adrenochrome antagonists, e.g., high-dose niacin, thiamine or coenzyme Q10, with desiccated thyroid to help the thyroid damage.

His enlightened perspective offers great hope and acknowledges that schizophrenics do not need abuse, derision and social abandonment. He's even making this and his AIDS book available for free at http://www.hdfoster.com. (See part two of his AIDS/Selenoenzyme article this issue.)



THE COMING ECONOMIC COLLAPSE OF 2006 by Michael Wells Mandeville

MetaSyn Media, AZ, USA, 2003 ISBN 0-9721051-9-0 (227pp tpb) Availability: Order online via website http://www.michaelmandeville.com

The economy of the USA and much of the world will slip into severe recession, if not depression, by 2006–2007. So concludes Michael Wells Mandeville, who has analysed the predictions made by the great American seer Edgar Cayce from the 1920s through to his death in 1945 (see his article on the Chandler Wobble in NEXUS 9/05).

Mandeville determined that in economic matters, Cayce had an accuracy rate of 93 per cent (a failure in four out of 60 specific economic predictions); indeed, his forecasts in the lead-up to the 1929 stock market crash were uncannily accurate and provide many lessons for anyone studying today's economic trends. In the 1930s, Cayce hinted that a major economic realignment and depression or severe recession occurs every 24-25 years. So Mandeville studied historical, economic, political and social developments going back to the late 18th century and discovered that Cayce's cycle holds true through this entire period-except for one instance in 1837 when the seer was three years out. Additionally, this cycle coincides with sunspot peaks moving into troughs.

Extrapolating Cayce's cycle to the future, Mandeville sees the next big trough happening in 2006–07, and that the US economy is arguably already on the downward slide towards it, although occasional rallying of markets during 2004–05 can be expected. He analyses the big shifts that are taking place in global politics (led by the US Imperial Faction), the media and economics (the US dollar vs the euro), identifies trends and predicts the industries and sectors to avoid or stay with over the next few years.

Mandeville also draws inspiration from the Cayce Recovery Strategy that could help us survive and even prosper. He urges a spiritually oriented rather than a grossly materialistic approach to solving our economic, political and social problems. An important read for these tumultuous times.

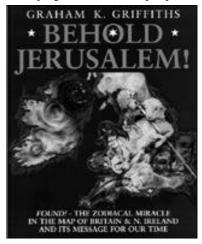
BEHOLD JERUSALEM! by Graham K. Griffiths

Longinus Publications, UK, 2003 ISBN 0-9543519-0-8 (305pp l/f tpb) Availability: Longinus Publications, 27 Old Gloucester Street, London WC1N 3XX, email longinuspublications@ emjaygee.fsnet.co.uk

What started out as an eleven-year-old's musings on "giants" depicted in Britain's coastline burgeoned into a quest for artist Graham Griffiths. But this was not until 17 years later when he came across Katherine Maltwood's 1930s representations of the 12 zodiacal symbols sculpted in a 10mile circle around Glastonbury, these being virtual replicas of his own. He realised then that his giants were also zodiacal archetypes, and he set out to explore the enigma.

What follows is a magical mystery tour that is informed by esoteric aspects of early Christianity, Egyptology, Celtic myth, Arthurian history and Grail legend as much as by geology, astronomy, anthropology and astrology. Also influential are the works of visionary William Blake, whose poem "Jerusalem"—with lines like "And was the holy lamb of God/On England's pleasant pastures seen"—can be understood in an entirely new light by this reckoning. For oddly enough, Griffiths proposes, the lamb—the sign of Aries—is represented in the landscape from northeast England down to south Wales; its staff reveals a double Crucifixion theme. By studying geological and topographical maps and visiting the locations, he has been able to discern specific features not just in the coastlines but in the inland regions which suggest meaningful pictures and symbolism on a grand scale.

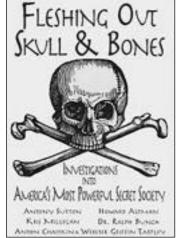
This is an extraordinary thesis, and even the author is perplexed at the potential import of it all. While acknowledging that some people will see nothing, he sees signs in the landscapes that reflect dramas that are still being played out on a global level. And while Scotland and Eire seem to be out of the picture in terms of zodiacal imagery, Northern Ireland isn't, and its representation as Scorpio has profound lessons for today and the future. Griffiths leaves it to the reader to judge this remarkable perspective.





FLESHING OUT SKULL & BONES edited by Kris Millegan

TrineDay, Walterville, OR, USA, 2003 ISBN 0-9720207-2-1 (714pp hc) Availability: Order online from website http://www.fleshingoutskullandbones.com



Thomas Jefferson warned of the real threats to American democracy "from the misuse of political and economic power by an undemocratic wealthy elitist clique of materialist ideologues in secret cabals at the highest levels of American society", says retired emeritus professor of politial science, Ralph E. Bunch, one of many contributors to this compendium on the secretive Yale University Order of Skull and Bones. And he had good reason to warn, for secrecy is the antithesis of democracy, and today our freedoms are under threat as never before.

Readers can glean important historical insights and context from Kris Millegan's compilation, *Fleshing Out Skull & Bones*. As well as historical texts and illustrations, there are lists of members going back to the Order's founding in 1832.

Contributors include NWO watcher Antony Sutton (now deceased), Howard Altman, Anton Chaitkin and Webster Tarpley (several chapters of their 1992 *George Bush: The Unauthorized Biography* are reproduced here), as well as Kris Millegan himself, whose father was an OSS/G2/CIA officer. There are articles going back two decades on the history of the S&B Order and its famous members, from the Russell family with its opium smuggling operations to three generations of the Bush family with fingers in everything from funding Hitler's war effort to smuggling cocaine.

The Order in its time has produced three US Presidents, two Chief Justices and over 20 Senators, not to mention other officials of power and prestige. On the other hand, many others have been elected to high office who have *not* been members of Skull and Bones, though some may well have belonged to other secret societies with some sway over US progress. Still, the viewpoints herein suggest that the S&B has an inordinate influence in terms of its supposed ethos of promoting chaos in world affairs.

FAITH AND THE PLACEBO EFFECT by Lolette Kuby, PhD

Origin Press, CÁ, USA, 2004 ISBN 1-57983-010-2 (323pp tpb) Availability: Order online via website http://www.originpress.com Soon after poet, social activist and former literature professor Lolette Kuby, PhD, learned she had breast cancer, she experienced two life-changing spiritual revelations that brought with them a faith, a knowing that she had been healed—and indeed she had. She knows her healing was not a miracle but a placebo effect—a cure that had no external cause, a self-healing.

In her research into the phenomenon of spontaneous remission, she discovered that it is grudgingly acknowledged by the medical community but has rarely been studied. And while the placebo effect is entrenched enough that it is utilised in pharmaceutical drug trials, the fact that placebos can and do work has barely been recognised or explored in the healing process, she learned.

Dr Kuby combines personal experience, scientific evidence, testimonials, history and mysticism to get across the great truth that your health is in your mind. The fact that there are many healing modalities from which to choose is not the point: our *belief* in the treatment is what triggers the placebo effect, our own self-healing capacity.

The holistic view that body, mind and soul are not separate is still to be integrated by the medical profession, which, Kuby argues, removes much of the individual's responsibility for their own health (a sure way *not* to be able to effect self-healing). She explains why and how the placebo effect is so powerful as well as how to trigger it consciously, through direct faith in the inner source of all healing. Further, Kuby shows that maintaining health requires keeping that connection with spirit, a state of being.

Her advice includes tips on consciousnessraising, such as waking up to any pessimism and cynicism that may characterise your thinking and avoiding "toxic" situations. All in all, this is a recipe for a happy, healthy life: it's there if we want it, if we adopt the right attitude of mind and have faith. Possibly the ultimate self-help book!

INSIDE THE SHADOW GOVERNMENT by Harry Helms

Feral Press, CA, USA, 2003 ISBN 0-922915-89-X (225pp tpb) Availability: Order online from http://www.feralhouse.com

In the wake of the 9/11 attacks, a parallel US "Shadow Government" was activated, whisking away President Bush to the US Strategic Command Center in Nebraska and VP Cheney to the White House bunker and then, allegedly, to Mount Weather in Maryland. There, and possibly at several other facilities, a mirrored "Office of the Presidency" is maintained by FEMA, the Federal Emergency Management Agency.

But how much do the Congress and Senate know about this parallel set-up? Very little, says Harry Helms in *Inside the Shadow Government*. He starts with a 9/11 "what if" scenario to describe how the President can bypass the Congress and Constitution by



creating new laws, Executive Orders, at the stroke of a pen. The Office of Homeland Security was created on 8 October 2001 with an EO signed by President George W. Bush that contains provisions which remove civil liberties. Helms overviews several key EOs issued through the decades and reprints three in the appendices. As to who writes these EOs on whose say-so, this is unclear.

The unelected Shadow Government and the military and agencies which support it operate according to a cult of secrecy, and Helms shows how black-budget expenditure evades congressional oversight. He divulges details of the layout of and activities at topsecret underground installations and facilities like Area 51 and the adjacent Tonopah Electronic Combat Range, and looks at the subcontracting companies that work for the military on top-secret projects.

Within the context of provisions of the USA Patriot Acts and the roles of FEMA and various military groups and agencies, Helms explains how, in the event of a "national emergency" (which only the President can declare), basic civil rights could so easily be suspended, citizens rounded up *en masse* and private property seized. This is already happening in post–9/11 USA, but Helms says it could so easily happen on a large scale. His book makes chilling reading; but if you can't wait, then visit the author's website, http://www. the-shadow-government.com, for more info.

SEEDS OF DECEPTION by Jeffrey M. Smith

Yes! Books, Fairfield, Iowa, USA, 2003 (also Scribe Publications, Melbourne, Australia, and Craig Potton Publishing, Nelson, NZ, 2004) ISBN 0-9729665-8-7 (292pp tpb) Availability: Order online from website http://www.seedsofdeception.com

How safe is the food you're eating? If you live in North America particularly, you're likely to be eating increasing amounts of genetically modified/engineered foods, certainly in processed food products. Yet the safety of those foods is untested in double-blind scientific trials. In *Seeds of Deception*, Jeffrey Smith says that the few independent GM feeding studies done point to animals sustaining damage to the immune system and vital organs and showing precancerous conditions and stomach lesions all the more reason to be cautious about what we eat, as well as what we feed to animals destined for human consumption.

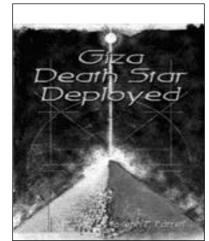
Smith, founder of the Institute for Responsible Technology (which promotes labelling of GM foods), exposes the industry manipulation and political collusion that allow untested GM foods on the market. Scientists who have warned of toxins, allergies and new diseases have been discredited or sacked because their findings are at odds with the pro-biotech agenda. Industry studies, e.g., in the case of GE bovine growth hormone, appear to be rigged so that problems aren't found. But we need to ask questions; we need to know if there is indeed a link between, say, the rise in soy allergies and the introduction of GM soy into the food supply, as seems to be the case already in the USA and UK. Smith also lists a host of things that can go wrong in the unpredictable field of gene science.

It's important for scientists, regulators, corporations and their shareholders to take a big-picture look at the unknowns of what they're inflicting on the planet and its population. Likewise, it's important for individuals and groups to lobby decision-makers with their concerns. Smith's book is packed with accessible information and useful references for the research minded.

THE GIZA DEATH STAR DEPLOYED: The Physics and Engineering of the Great Pyramid

by Joseph P. Farrell Adventures Unlimited Press, USA, 2003 ISBN 1-931882-19-3 (293pp tpb) Availability: NEXUS offices; AUP office, http://www.adventuresunlimitedpress.com, http://www.adventuresunlimited.nl In this sequel to *The Giza Death Star*, physicist Joseph Farrell expands on his hypothesis that the Great Pyramid of Giza was much more than an observatory, an encoded library and a time capsule, but was also a machine designed as a weapon, a chemical maser, and eventually deployed with catastrophic results to our solar system.

Taking Christopher Dunn's harmonic oscillator thesis further, Farrell speculates that the technology encompassed in the Great



Pyramid involved the harmonic oscillation of almost every known physical force and system and contained harmonics of the Planck constant of the minimum quantum of action. He draws parallels between the Great Pyramid and the more familiar "Death Star" of *Star Wars* movie fame.

In part one of *The Giza Death Star Deployed*, Farrell explores the "exploding planet hypothesis" in modern astronomy and the issues surrounding the dating of the Giza structures, with the aim of reconstructing scenarios concerning the actual military use of the weapon. He claims the Giza Death Star may once have been used to explode a planet, wreaking destruction on our own.

Part two is a history of the Giza structures and the attempts to control them, perhaps as part of some occult agenda. Factions have had links to Freemasonry, Napoleon and the Nazis, and it's claimed that today there's covert interest from the Americans, British, French, Russians and Chinese.

In part three, Farrell examines the physics of Tesla science, scalar weaponry, zero point

energy and tetrahedral geometry, suggesting that the ancient Egyptians had access to superluminal technology that harnessed the forces of nature, time and space to terrifying effect. Sure, this is an hypothesis, but its implications are mind-stretching.

THE ALIEN CHRONICLES: Compelling Evidence for UFOs and Extraterrestrial Encounters in Art and Texts Since Ancient Times by Matthew Hurley

Quester, UK, 2003

ISBN 0-9541904-1-6 (305pp l/f hc) Availability: Quester Publications, tel +44 (0)1244 680949, website http://www. questerpublications.com; author's website, http://www.ufoartwork.com

The UFO phenomenon did not start in the 1940s, as popular mythology holds, but has been around at least since mankind has had the ability to record it. In The Alien Chronicles, researcher Matthew Hurley presents UFOs and strange beings depicted in cave paintings that are tens of thousands of years old, in the art and texts of ancient civilisations, in mediaeval and Renaissance paintings and tapestries and in early photographs. The images, a good proportion in full colour, as well as the well-referenced text provide astonishing evidence that humanity has always been visited by craft and beings from other worlds-or that our predecessors through the ages had vivid imaginations or were space/time travellers!

Some of the images you may have seen before in the books of Erich von Däniken, but many others are firsts in this scenario. Hurley puts all of this into context firstly by giving an overview of modern UFO phenomena including sightings, abductions, crop circles and cattle mutilations. He gives tips on interpretation and examples of artworks that have been misinterpreted, e.g., that famous "frieze" from Abydos, Egypt, depicting what looks like modern aircraft.

Hurley argues that to get a grasp of these representations in prehistoric and ancient art, we need to study creation myths, many of which show or refer to unusual objects and beings that visit or interact with humans and have common themes all over the world. The examples of anomalous objects in Western religious art are equally astounding, and Hurley shows comparisons between photos of modern UFOs and objects, lights, portholes or rays depicted in these artworks.

The snippets of text going as far back as 498 BC and as far forward as AD 1900 (before the aeroplane was invented) as well as out-of-place artefacts are also compelling evidence that UFOs have been around for at least several thousand years. Hurley's compilation will help rewrite the history books.



MUSIC Reviewed by Richard Giles

THE LIGHT DANCE by Buedi Siebert

Real Music, USA, 2003 (60mins) Distributors: Australia—New World Music, tel (02) 9565 4522; UK—Real World Records, tel 0208 964 6000; USA—Real Music, tel (415) 331 8273, http://www.realmusic.com

B uedi Siebert was trained as a classical musician, specialising in the flute, and in his travels around the world he met the Native American medicine man, Sun Bear, and became his student. Because of experiences during this time, he decided to leave the city and move to Germany's Black Forest, where he now devotes his time to Earth-healing projects. This album was composed for *t'ai chi* practice using the *idogo* pole exercise routine. These beautiful, harmonious sounds assist in balancing the body's energies.

MUSIC FROM SUDAN by Hassouna Bangaladish

ARC Music Prodns, UK, 2003 (66mins) Distributor: UK—ARC, tel +44 (0)1342 328567, http://www.arcmusic.co.uk

This album contains traditional Sudanese music, featuring songs written in the 1920s and 1930s. Prior to the 20th century, Sudanese songs had no words, just vocalisation of the melodies. Hassouna Bangaladish works to present Sudanese music and songs with a contemporary feel in this ARC Music release. Instruments include doholla, accordion, violin, bass, tabla and other percussion. Thoroughly recommended.

SALSA AROUND THE WORLD by various artists

Putumayo, USA, 2003 (52mins) Distributors: **Aust**—MRA Entertainment, tel (07) 3849 6020; **UK**—Pinnacle Imports, tel 01689 870622; **USA**— Putumayo, tel 1888 7888 8629, website http://www.putumayo.com

The word *salsa* means "sauce", and it is an apt description of the sound of this Latin-style music. It incorporates *mambo*, *rumba*, *son*, *chachacha* and a variety of Afro-Cuban styles. Artists include Salsa Celtica, Havana Mambo, Apurimac, Touré Kunda, Mousta Largo, Richard Bona, El Septeto, Haitiando, Shaan and several others. These musicians come from some unexpected quarters of the world, including Cameroon, Curaçao, Greece, Haiti, India, Italy, Japan, Morocco, Senegal and Scotland. Hot and happy dance music for Latin lovers everywhere. Funtastic album!

FIEBRE

by Radio Tarifa

World Circuit, UK, 2003 (57mins) Distributors: Australia—MRA Entertainment, tel (07) 3849 6020; UK— New Note, tel 01689 877884 ${\displaystyle S}$ pain's Radio Tarifa has released three albums to date which I haven't had the privilege to review. This fourth one is recorded live in Canada and presents some of their best music of the last 10 years. They mix influences from North African Arabic countries with Mediterranean styles from Spain and the Middle East. Ancient instruments like the crumhorn, ney, oud and derbuka are combined with flute, electric base, bongos and flamenco guitar. This is Radio Tarifa at their most alive, creating exciting sounds to rouse you and get you up dancing. Best tracks include "Tangos del Aqujero", "El Mandil de Carolina" and "Ronda de Sanabria". Traditional arrangements, Arabic tones and hot flamenco make Fiebre ("Fever") a richly charged album.

ALIF – LOVE SUPREME by Omar Faruk Tekbilek

New World Music, 2003 (66mins) Distributors: **Australia**—New World Music, tel (02) 9565 4522; **UK**—New World Music, tel 01986 781682; **USA**— New World Music, tel (303) 415 1040, http://www.newworldmusic.com

The great Turkish musician and performer Omar Faruk Tekbilek joins with Steve Shehan and a host of others to create an album as a tribute to Omar's favourite theme: divine love expressed through music, dance, romance and life. His record of collaborations with the greats in contemporary world music is extensive (see NEXUS 6/03, 7/02, 7/06). The songs on *Alif – Love Supreme* are dedicated to the common bond of love that connects all of humanity. A stunning celebration of Omar Faruk's work, also keeping alive the mystery and beauty of Middle Eastern dance.

